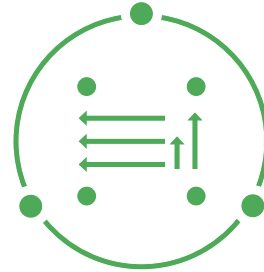


Familiarisation with the system laws



Here are the **10 system laws**¹, as developed by Dr Dieter Bischof [\[2\]](#) and what makes them significant:

1. Belonging to your own system

This means survival, and it still applies to the animal kingdom today. We bring this heritage, which is stored in our behavioural programmes, from our evolutionary history.

2. Mutual recognition, appreciation and respect

No system can function in the long run without recognition.

3. Right to a balance of give and take

Everyone has a sense of balance. The question in each situation is: Who or what is more important?

4. Earlier has priority over later

Laws 4 to law 6 have an order in themselves. Accordingly, law 4 takes precedence over law 5 and law 5 takes precedence over law 6.



5. Greater responsibility / greater obligation has priority

Priority is indicated by recognition (shown here by arrows)



6. More expertise / more knowledge has priority

Showing recognition means acting with recognition



7. New system takes precedence over old system

Only applies if the first six previous system laws are observed.

8. Overall system has priority over individual or partial systems

Violations of system laws often result if law 9 is not applied.

9. Expressing and acknowledging what is happening

Laws 9 and 10 are the two keys to an intended reversal of laws 4 to 6.

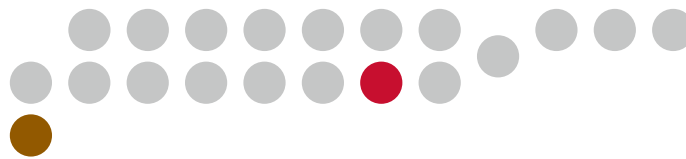
10. Creating balance

Creating balance is only possible when system law 9 has been implemented.

Example

You as a road user

You are stuck in a traffic jam ...



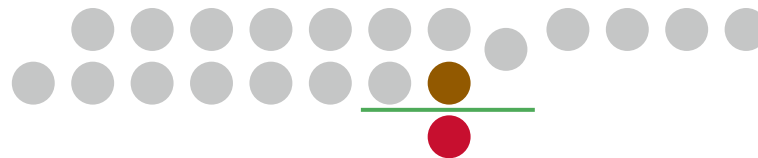
... and look at the neighbouring car.



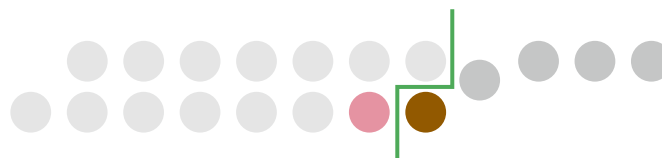
Then another driver squeezes into the gap from the adjacent lane.



The driver has not respected you in your role as a road user
(system law 2: mutual to recognition, appreciation and respect)



... and has excluded the majority of other road users (system law 1: belonging to your own system) by taking your place in the sequence.



The **driver** behaves as if he were "alone in this world".

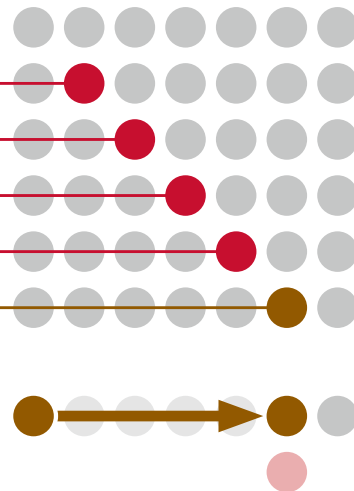
You have the impression that the driver has gained an advantage at your expense
(**system law 3: right to a balance of give and take**).



Because you know that traffic jams there are always in the last few weeks,

you may have

- got up earlier, _____
- skipped breakfast, _____
- gone to bed earlier, _____
- taken a diversion. _____
- And it feels like **he** hasn't sacrificed anything, _____
- but has taken **your place** – just like that!



You joined the queue on time and he sped from the back to the front in the wrong lane

(**system law 4: Earlier has priority over later**).

You have waited long enough to get this far

(**system law 5: greater responsibility / greater obligation has priority**).

In contrast to this driver, you behaved correctly in this bottleneck with your knowledge of the traffic flow (**system law 6: more expertise / more knowledge has priority**).

What we can perhaps already recognise from this small case study is that a violation of the first two laws inevitably leads to a violation of the following laws, usually with varying degrees of severity and depending on what happened, and in what context.

So far, so good.

Now we come to the remaining **system laws 7 to 10**, which I would like to explain using our scenario above:

The driver raises his hand and briefly switches on the hazard warning lights after he has moved into the lane in front of you to signal that he is aware of his misbehaviour (**system law 9: expressing and acknowledging what is happening**).

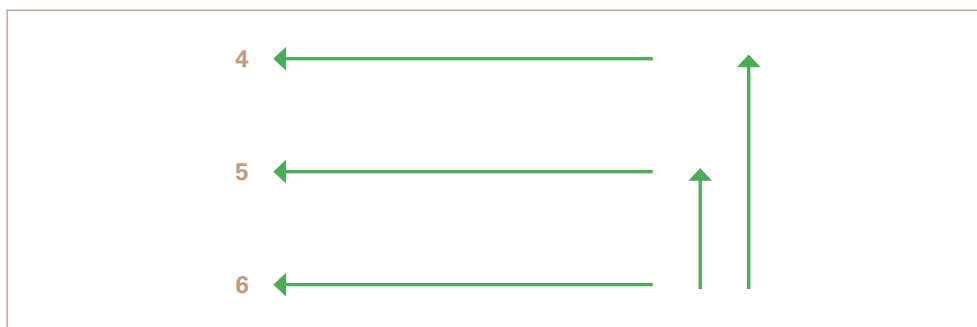
Then you see the "Urgent Medication" sign at the rear of the vehicle and you develop an understanding of why the driver has not complied with the correct sequence of traffic flow (**system law 7: New system takes precedence over old system**).

You recognise that his actions serve a higher goal (**system law 8: Overall system has priority over individual or partial systems**).

In order to integrate **system law 10 (creating balance)** into our story, I will now sketch a scene in which your child is not feeling well at all and urgently needs an antipyretic medicine. But you can't leave your child alone at home while you pick up the medicine at the pharmacy. Ten minutes after your call, a friendly driver is at the door and hands you the important medicine.

The ranking of the three system laws 4 to 6

Finally, let's take another look at **system laws 4 to 6**. These have an order, both in themselves and in relation to the other two laws. Shown abstractly with arrows, the sequence or respectively weighting looks like this:



The ranking of the three system laws 4 to 6

The vertical ranking

- 4 Law 4 takes precedence over
 - 5 law 5 and
 - 6 law 6

 - 5 Law 5 takes precedence over
 - 6 law 6
-

The horizontal ranking

- 4. System law: Earlier has priority over later
 - 5. System law: Greater responsibility has priority over greater obligation
 - 6. System law: More expertise has priority over more knowledge
-

**IMPORTANT! Every action is taken with good intentions.
The intention is to preserve our – respective – system.**

A person is just as much a system as an individual as when organised in the form of families, associations, cities, nations, etc. We all have the good intention of preserving ourselves. It is good to bear in mind that our actions usually take place in interaction with another system. Even if we chop wood – think of an environmental system – there are consequences. Under certain circumstances, this can even mean violating a law that secures the preservation of another system.

**IMPORTANT: We are as neutral towards ourselves as Switzerland is!
Never judge yourself and your actions, but observe!**

Source

¹ Systemgesetze nach Dr. Dieter Bischof / Hanseatisches Institut
<https://systemempowering.com>



Any questions about the system laws?
Just ring the bell: concierge@freistil-impulse.de