



Focus: Looking at LifeSpaces from the perspective of system laws

The laws and the others

This month, the aim is for you to focus on looking at your **LifeSpaces** from the perspective of the **10 system laws in relation to your fellow human beings**.

Task

For each LifeSpace – or, for example, for three LifeSpaces –, find two examples where one of the system laws was observed by a person in relation to you and two examples per law where they were not in relation to you. Please write down the examples.

Please answer the following questions at the end of the month:

- Did you find it easier to recognise violations that were inflicted on you?
- Did you have any "aha" moment during this month?
- Were there people who surprised or amazed you this month?

LifeHouse and its LifeSpaces

Take your time to look at your LifeHouse and its LifeSpaces.

- Was there a regular occurrence of a certain system law in the LifeSpaces? If so, which one?
- Are you surprised by this?
If so, what surprises you about it?

EmptyRoom

Visit your EmptyRoom and take a good look at your exhibits

- Has anything changed in the exhibits?
- Does something need to be re-hung, removed or joined?
- Do you notice anything else that you would like to do or change?
- Does your EmptyRoom seem alive to you?
- Do your emotions have a tendency towards the positive or negative?

Feel free to make notes ☑

Please date them and put them aside.



Any questions about the EmptyRoom and how it works?
Just ring the bell: concierge@freistil-impulse.de